

Programs



Chez Raginiak

Award-winning author and speaker

1 Moment, LLC

P.O. Box 5555

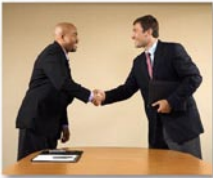
Hopkins, MN 55343 USA

www.1moment.us chez@1moment.us (651) 775 4294

Your Partner For Success

CREATE THE BEST FIRST IMPRESSION

CRUCIAL 3 STEPS FOR INTERVIEWS, RELATIONSHIPS, AND SALES.



Chez learned the power of first impressions during several watershed moments in his life. The first was in Poland when he was interrogated by the police when applying for a passport to his freedom.

Later, it was the critical interview with a representative of the American embassy in Austria who was to decide whether or not Chez would receive American asylum.

Not every new encounter with a new person affects personal freedom quite so literally, but it's important to know that first impressions, and the few moments that follow, can change your life forever. Chez will share what he learned in those crucial moments and in many others, so you can use the power of first impression to make profound differences in your life!

Benefits:

- Fabulous first impression
- Becoming a winner
- Higher self-esteem
- Better job
- More promotions and sales
- Respect
- Confidence
- Success

Description:

The key to a good first impression is to present yourself appropriately and with intention. The key to bonding with the new person is to make them like you. The key to effective communication is.... well, you will have to see and hear Chez to learn that. ☺ This fun and interactive session, through group exercises, includes 3-step process in the art of creating a winning first impression and becoming a winner.

Ingredients:

By the end of this session you will know how to:

1. Make a positive and lasting first impression.
2. Connect authentically with others.
3. Communicate effectively/listen and be heard.
4. Feel and convey respect and confidence.
5. Take advantage of opportunities.



Length:

30 - 90 minutes

Make a great first impression in interviews, meetings, sales, and new relationships!