

# Programs

## **Chez Raginiak**

**Award-winning author and motivational speaker**

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## Your Partner For Success

### **ATTITUDE ADJUSTMENT**

**CHANGE YOUR ATTITUDE...AND CHANGE YOUR LIFE!**



As a first-generation immigrant, and now an American citizen, I cannot stand by doing nothing while so many people—from students to executives—suffer from misery-producing attitudes. We attract and eventually get back almost exactly what we send out into the world in the form of our thoughts and our *attitudes* toward everything and everyone around us. We live in the United States of America—where dreams come true! So, why do many of us hesitate to jump on the wagon of opportunity, joy, and

fulfillment? The good news? Positive and happy thoughts attract positivity and happiness. However, the opposite is also true. We have the power to change how we think! We can change our attitudes and attract the things we *truly* want. Dreams can come true for all of us!

#### **Benefits:**

- More friends
- Higher grades
- More fulfilling job
- Better health
- More success
- Greater energy
- Higher productivity
- Greater self-confidence

#### **Description**

Chez will demonstrate how the tools for change are at your fingertips, ready to transform the way you look at the world around you, and motivate others to do the same. Knowledge is power! Whether you are a child, a parent, a student, a teacher, a laborer, a business person, old or young, you can embrace the power of attitude!

#### **Ingredients**

By the end of this presentation you will know how to use these tools to empower your attitude.

- Thought patterns
- Rest
- Love
- Reconnection with favorites (items, activities, people)
- Spirituality
- Fun
- Eliminating negative junk (situations, news, people)
- Communication
- Imagination
- Meditation



#### **Length:**

30—90 minutes

***Learn how to change your attitude to fulfill your dreams!***